

How to Pray

In Matthew 6:5-8 (CEB), Jesus gives us instructions how to pray. He tells us what not to do and what to do as we turn to God in prayer. On the lines next to each section, write down a few examples of what TO DO and of what NOT TO DO, based on Jesus' instructions.

We given an example for each section.

“When you pray, don’t be like hypocrites. They love to pray standing in the synagogues and on the street corners so that people will see them. I assure you, that’s the only reward they’ll get.”



Don't shout out your prayers

Quietly turn to God in prayer



“But when you pray, go to your room, shut the door, and pray to your Father who is present in that secret place. Your Father who sees what you do in secret will reward you.”

“When you pray, don’t pour out a flood of empty words, as the Gentiles do. They think that by saying many words they’ll be heard. Don’t be like them, because your Father knows what you need before you ask.”



Give God thanks and praise
