

Harvest Time: Wheat or Tare?

In Matthew 13:24-30, Jesus teaches his followers the parable of the Wheat and Tares. In this parable, an enemy plants tares, or weeds, in a farmer's field of wheat. When the servants ask the farmer if they should uproot the tares, the farmer says to let them grow together. By doing this, the wheat won't be uprooted with the tares. The farmer then explains that when it is time to harvest, they should gather the tares and burn them and put the wheat in his barn.

Think about this parable. What if we thought of the wheat as good, loving thoughts and the tares as unhelpful, negative thoughts?

Now, let's harvest those thoughts! Read examples of thoughts on the stems below. Color in the stems with good, loving thoughts. Leave the unhelpful, negative thoughts white.

